

# PROMOTING MENTAL HEALTH IN BC SCHOOLS

SUMMER  
INSTITUTE 2011

Thursday, August 25, 2011

8:30 A.M. – 4:00 P.M.  
Riverview Hospital Auditorium  
2601 Lougheed Highway, Coquitlam, BC

## JOIN OTHER TEACHERS/SCHOOL COUNSELLORS, SCHOOL ADMINISTRATORS, DISTRICT STAFF AND PARENTS TO:

- Increase your awareness of child and youth mental health and substance use issues
- Learn how to promote positive mental health in your classroom and school
- Improve your ability to respond to mental health and substance use issues

**FACILITATED BY** Kathryn Gretsinger, HOST WITH CBC RADIO

### PROVINCIAL PERSPECTIVES ON SCHOOL BASED MENTAL HEALTH

School as a Setting for Promoting Positive Mental Health

KATHY CASSELS, DIRECTORATE OF AGENCIES FOR SCHOOL HEALTH

Making the Right Connections: Promoting Positive Mental Health Among BC Youth

ELIZABETH SAEWYC, MCCREARY CENTRE SOCIETY

### AN OVERVIEW OF SCHOOL BASED MENTAL HEALTH

Professional and Personal Perspectives

### MENTAL HEALTH PROMOTION INITIATIVES IN BC SCHOOLS

Mental Health Promotion: A Look at Concrete School-Based Programs in Chilliwack

KAFUI SAWYER, CHILD AND YOUTH MENTAL HEALTH SERVICES, MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT

SACY – A Comprehensive Substance Abuse Prevention Initiative

ART STEINMANN, SUBSTANCE ABUSE PREVENTION (SACY), VANCOUVER SCHOOL BOARD

### BREAKOUT SESSIONS

- Youth, Parents and Teachers – What Has Worked
- Anxiety in the Classroom – Increasing Understanding and Effective Management Strategies
- Shaping Mental Health Promotion Tools
- Advancing Substance Abuse Prevention In Your School
- Promoting Mental Health Among Lesbian, Gay, Bisexual, Transgendered, Queer & Questioning (LGBTQ) Youth
- Promoting Healthy Body Image and Preventing Disordered Eating

### REGISTRATION

To register to attend in person please click on the link below.

<http://www.amiando.com/AWCWWVO>

You must also sign up for one afternoon breakout session.

Webcast: Only the morning presentation will be available via webcast.

To register to attend via webcast please click on the link below.

<http://www.amiando.com/EUJLDLX>

There is also an opportunity to join the morning presentation using Telehealth video conferencing. If you are interested, please contact Kaleigh Banister at [Kaleigh.Banister@bcmhs.bc.ca](mailto:Kaleigh.Banister@bcmhs.bc.ca) or 604-707-6385

### REGISTRATION IS NOW OPEN!

This event is free and available on a first-come, first-serve basis. Registration closes June 30th. Space is limited so please register early.

This event is the result of an ongoing collaboration with the BC Children's Hospital, BC Mental Health & Addiction Services, BC Teachers' Federation, Ministry of Children and Family Development, Ministry of Education, Ministry of Health, School District 71 and other stakeholders